



804-654-4938

Post Overdose Response Team (PORT) is a program run by peers who have lived a experience with substance use disorders. PORT provides supportive outreach to individuals within the CSB and our community who are at high risk of opioid overdose/substance misuse. Our team of peers is dedicated to offering hope and encouragement by engaging individuals and family members in a recovery-oriented way of living.

Supported Employment

The Recovery Services peer-run supported employment program provides employment opportunities and coaching for over 60 people.

Returning Citizens

Recovery Services works with local businesses to place those on probation or parole in competitive jobs in the community. Our process helps overcome the stigma of a felony conviction by working one on one with candidates and hiring authorities who embrace second chances.

Peer operated services help individuals see what is possible for themselves and for others. People see that recovery is real and possible. They can see it in the people surrounding them.

—State mental health policymaker

Middle Peninsula Northern Neck
Community Services Board

Recovery Services Department

Embrace Recovery thru Connection

Eight Dimensions Of Wellness



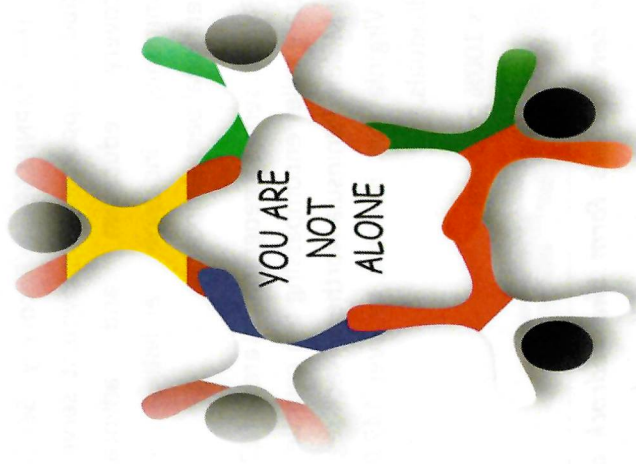
For more information contact:

Recovery Services Department

Phone: 804-313-2041



Recovery Services



What is the Recovery Services (RS) Program?

- In December of 2007, the 100% consumer run Recovery Services Program was created in order to move the Middle Peninsula Northern Neck Community Services Board (MPNNCBSB) forward toward a Recovery Oriented System of Care.
- RS endeavors to provide people with Substance Use and/or Mental Health challenges with opportunities for recovery, work, and peer support.
- RS provides recovery-based program development, supervision, and leadership to the MPNNCBSB. Recovery Services includes supported employment services, recovery education and advocacy, community inclusion activities, and intentional peer support.
- MPNNS RS serves a geographical area of 2200 square miles encompassing ten counties in the Middle Peninsula Northern Neck region of Virginia that is home to over 142,000 individuals.
- RS is 100% peer run.



Two core beliefs form the bedrock of peer recovery services philosophy:

- *People with Substance Use Disorder and/or co-occurring psychiatric difficulties can and do recover, living meaningful lives and*
- *Peers can help each other with recovery*



Recovery Support Centers embody the growth of the peer movement, providing a safe recovery environment for the community. With arts and crafts tables, computers, a small library and a television, peers are provided with opportunities for socialization, personal educational enhancements and community integration.

Our centers offer a social setting where peers can learn how to have fun in recovery. All classes, groups and events are planned & implemented by people with lived experience.

Everyone is welcome!

Gloucester Recovery Support Center

7603 Hospital Drive, Gloucester, VA 23061

Monday-Friday 9:00 a.m.–3:00 p.m.

Phone: 804-210-1619

Facebook: www.facebook.com/84EPRC/

Warsaw Recovery Support Center

5097 Richmond Road, Warsaw, VA 22572

Monday-Friday 8:00 a.m.–4:00 p.m.

Phone: 804-313-2041

Facebook: <http://fb.ne.stigmaforsale>

The willingness to offer a hand up to someone who is considering a new way of life is the very basis of who the staff is and what they do. It is wholeheartedly believed that recovery from addiction and mental illness is possible because staff have lived it.

—Recovery Services Coordinator

Activities

Recovery Services staff offers a menu of options including groups, workshops, events, and educational opportunities.

Take an active role in your own treatment, wellness and recovery.

What is a Certified Peer Recovery Specialist (CPRS)?

Certified Peer Recovery Specialists are in long term recovery and have first-hand experience with mental illness and/or substance use disorder, along with training to become board certified.

Recovery means different things to all of us. The Substance Abuse and Mental Health Services Administration (SAMHSA) defines recovery as: *A process of change through which individuals improve their health and wellness, live a self-directed life, and strive to reach their full potential.*

CPRSs are trained to help peers—other people with mental health challenges and/or substance use disorders—to identify and achieve their own specific recovery and life goals.

