

Welcome to the Middle Peninsula Northern Neck Community Services Board!

MPNN CSB Divisions

Emergency Services

It is the mission of the Emergency Services (ES) staff of MPNNCSB to provide immediate intervention to any individual in our 10-county catchment area who may be experiencing acute distress or dysfunction due to mental illness or substance use. Our skilled counselors will assist with Crisis stabilization, Critical Incident Stress Management (CISM), and pre-admission screening evaluations. ES Staff also operate The COPE (Community Outreach for Psychiatric Emergencies), 1-800-542-2673 line which is 24 hours a day telephone hotline, individuals who are in crisis can seek professional help.

Mental Health/Case Management

MPNNCSB highly trained staff provides counseling support for adults and youth who experience serious problems in functioning related to Mental Health and/or Substance Use disorders. The service begins with a Comprehensive Needs Assessment which will assist to identify a thorough plan to help the individual move toward their goals and improve their daily functioning. Services include Outpatient Counseling, Adult Case Management, Psychiatric Services, Psychosocial Services, Same Day Access and Residential Services.

Intellectual & Developmental Disabilities

ID & DD Division offers a wide range of case management, residential support services. We work to ensure that people with intellectual developmental disabilities are able to live in their own home communities in an environment that encourages personal growth, access to community resources, lifestyle enhancement, and genuine personal choice and self-direction.

Youth & Family Services

Our Youth & Family Services provides treatment for children experiencing serious emotional disturbance, severe behavior disorders, and substance use programs. Services are provided in the least restrictive environment with the utmost priority of preventing out-of-home placement.

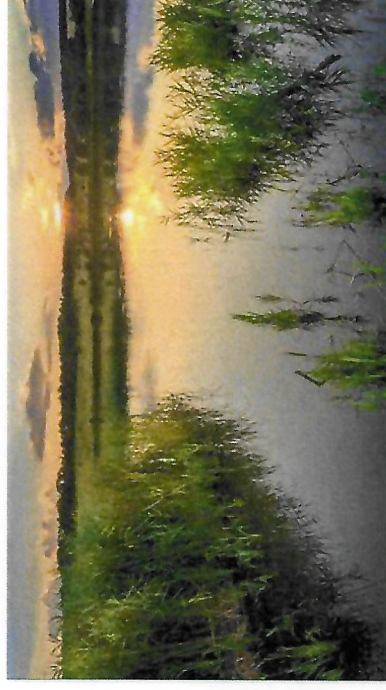
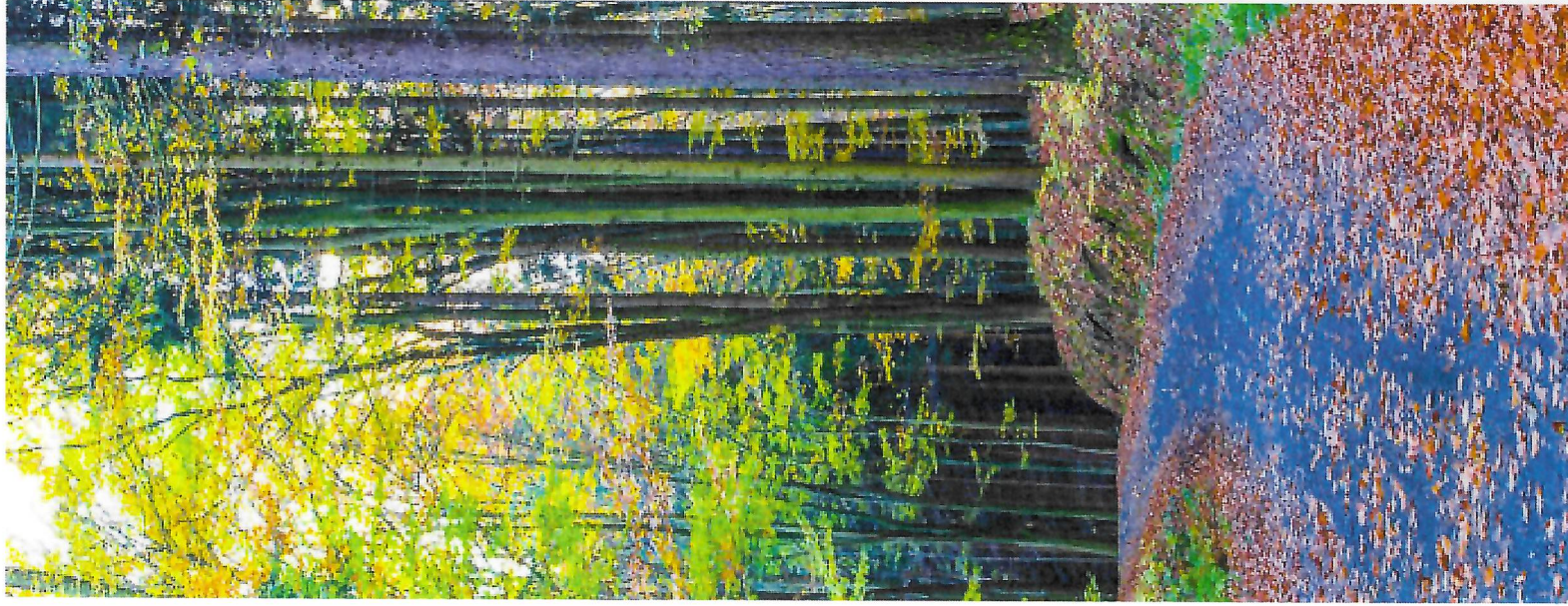
Prevention, Health & Wellness

Our Division offers an extensive range of programs and services to youth, families, and communities. Prevention programs empower families and communities in preventing substance use, violence, child abuse, school failure, juvenile delinquency, suicide, and promotes health and well-being.

Early Intervention

Our programs includes a wide range of pediatric therapies, infant education, home visiting, family support, service coordination, a community consultation through our Rural Infant Services Program (RISP). Services through Three Rivers Healthy families assist pregnant women at risk and their preschool children providing them with in-home parenting support and mentoring.





MPNN CSB Contact Information:

Administration Office:

Linda Gerhold Hodges, LCSW, Executive Director

Ph. 804-758-5314

530 General Puller Highway

PO Box 40-Saluda, VA 23149

Gloucester Counseling Center 804-693-5057

Essex Counselling Center 804-333-3671

ID & DD Services 804-758-5877

Rural Infant Services 804-758-5250

Prevention, Health & Wellness 804-642-5402

Three Rivers Healthy Families 804-758-2042

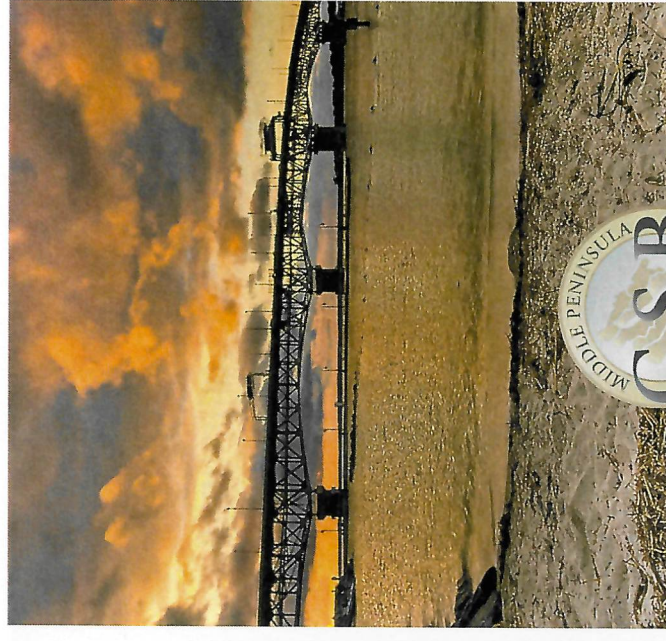
Youth & Family Services 804-758-4035

Mental Health/Substance Abuse Administration
804-758-5314

COPE Emergency Line:

1-800-542-2673

Providing Services to the Citizens of the
Middle Peninsula
and
Northern Neck Region



Middle Peninsula Northern Neck Community Services Board

Promoting Well-Being
One Individual, One Family,
One Community At a Time...